



	Kcal	Price
SMALLER PLATES		
(gfa) Suffolk 'Smokies' (flaked, smoked haddock in a cheese sauce), granary toast	475	£9.00
(gfa) Smoked haddock and leek chowder, petit pain	550	£9.50
(gfa) Prawn cocktail, granary bread	410	£9.50
(v) Adnams Ghost Ship 'rarebit', onion marmalade and Farmhouse sourdough toast	870	£9.00
Duck and hoi sin spring roll, cucumber and spring onion salad	480	£9.00
Deville whitebait, tartare sauce and granary bread	670	£9.00
(pb) Vegetable Bhaji with lentil daal dip	680	£9.00
 BIGGER PLATES		
(gf) Suffolk ribeye steak with chips, grilled mushroom and green peppercorn sauce	1100	£22.50
Cheddar-glazed seafood pie (cod, smoked haddock, salmon, prawns, boiled egg), garden peas	950	£18.00
Crab and prawn linguine with leek and saffron	850	£17.00
(pb) Moving Mountains vegan burger, vegan brioche bun, baby gem, tomato, red onion, vegan coleslaw, chips	690	£15.00
(gf) Braised lamb shoulder with fondant potato, seasonal vegetables and lamb gravy	1075	£17.50
(gf) Grilled gammon steak, fried eggs and chips	890	£15.50
(gfa) Cod and prawn Goan curry with rice and naan bread	720	£17.00
(v) Ghostship Mac 'n' cheese, glazed with Suffolk Gold, served with garlic focaccia and salad	790	£15.00
 FROM THE FRYERS		
Adnams beer battered cod and chips, minted mushy peas or garden peas, lemon, tartare sauce	1450	£17.50
Adnams beer battered smoked haddock and chips, minted mushy peas or garden peas, lemon, tartare sauce	1420	£17.50
Breaded wholetail scampi, chips, minted mushy peas or garden peas, lemon, tartare sauce	1135	£16.50
(v) Adnams beer battered halloumi, chips, minted mushy peas, lemon	1210	£15.50

OUR MENUS ARE LOCALLY SOURCED, RESPONSIBLY PRODUCED AND SUSTAINABLY DELIVERED

(pb) = Plant Based / Vegan (v) = Vegetarian (gf) = Gluten Free (gfa) = Gluten Free Alternative

For dietary requirements or allergy information, please speak to a member of our team. Adults need around 2000 Kcals a day.



	Kcal	Price
SANDWICHES		
(Served on granary bread with salad and crisps)		
(v) Cheddar cheese and Adnams Broadside chutney	545	£8.50
Suffolk ham and English mustard	420	£8.50
Prawn and Marie-Rose sauce, baby gem	440	£9.50
 SIDES		
(pb) Mixed salad bowl	95	£3.50
(v) Garlic bread	254	£4.00
Cheesy garlic bread	310	£4.50
(gf) Chunky chips	423	£4.00
Cheesy chunky chips	490	£4.50
 CHILDREN'S PLATES		
Scampi and chips, garden peas	460	£8.50
Battered cod and chips, garden peas	780	£8.50
(gf) Ham, egg and chips	430	£8.50
Chicken goujons, chips, garden peas	570	£8.50
 DESSERTS		
(gf) Chocolate and coffee ganache tart, vanilla ice cream	770	£8.50
(gf/pb) Stuffed baked apple, Suffolk Meadow plant based vanilla ice cream	620	£8.50
Marmalade and dark chocolate brioche pudding with custard	720	£8.50
Selection of local ice creams and sorbet (ask for flavours)	405-470	£5.50

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