



STARTERS

	Suffolk Smokies - flaked smoked haddock in a cheese sauce served with toast	500	£10.00
	Smoked haddock and leek chowder with petit pain	575	£10.50
	Salt and pepper squid, sweet chilli sauce, and mixed salad	200	£9.50
GFA	Traditional prawn cocktail with Marie Rose sauce and gem lettuce	180	£9.50
GF	Coronation chicken salad	410	£9.75
PB	Crispy fried cauliflower with sticky Asian glaze and mixed salad	375	£9.50

FROM THE FRYER

	Adnams beer battered haddock and chips with peas, lemon, and tartare sauce. <i>50p from every fish & chips purchased is donated to support the charitable works of the Adnams Community Trust</i>	1325	£19.75
	Adnams beer battered smoked haddock and chips with peas, lemon, and tartare sauce	1375	£21.50
	Wholetail scampi and chips, with peas, lemon, and tartare sauce	1185	£19.75

MAINS

	Harbour Inn fish pie with prawns, salmon, cod, smoked fish and potato gratin, served with peas	1080	£19.50
GF	Fish, coconut and mixed vegetable curry with steamed rice	1150	£19.50
	Spiced lamb kofta with tzatziki warm flat bread and mixed salad	410	£18.00
PB	Smokey aubergine tacos with Pico de Gallo, fries and plant-based coleslaw	785	£17.50
GF/V	Grilled goats cheese salad with poached pear and walnuts	580	£17.50

SIDES

GF	Chunky chips / French fries (add cheese for 50p)	425/495	£4.00/£4.50
V	Garlic bread / Cheesy garlic bread	250/325	£4.00/£4.50
V	Dressed side salad	290	£3.00
V	Bread and butter	320	£2.00

OUR MENUS ARE LOCALLY SOURCED, RESPONSIBLY PRODUCED AND SUSTAINABLY DELIVERED

For dietary requirements or allergy information, please speak to a member of our team. Adults need around 2000 Kcals a day.



SANDWICHES & JACKET POTATOES (SERVED 12-4PM)

Sandwiches served with crisps and a salad garnish

v	Cheddar cheese and Stokes tomato chutney	645	£9.50
	Prawn sandwich with Marie Rose sauce and gem lettuce	580	£10.50
	Coronation chicken sandwich with gem lettuce	610	£10.50

Jacket potatoes served with butter and a salad garnish

v	Cheddar cheese	552	£9.50
	Prawns in Marie-Rose	487	£10.50
	Coronation chicken	517	£10.50

SMALLER PLATES

All served with chips or mashed potatoes and peas or salad (Small plates include tartare & lemon)

	Wholetail scampi	660	£11.50
	Battered fish	680	£11.50
	Chicken goujons	570	£11.50

DESSERTS

	Homemade cheesecake (see blackboard for flavour)		£9.00
	Chocolate brownie and vanilla ice cream	683	£8.75
PB/GFA	Selection of ice cream and sorbet, price per scoop (please ask for current selection),		£2.50

For more information on the Adnams Community Trust please scan the QR code

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